

Dolomites – Alta Via 2

General Route	Trail Facts	Notes	Notes
<p>Day 1 - 9/4/2018 Stage 1: Bressanone to Rifugio Citta de Bressanone (Plose)</p> <p>Can Take: 1. Gondola - will save 3 hours 2. Lift Save – will save 1 hour 15 min</p>	<p>Distance: 6.8 miles *closer to 1.3 miles because of gondola fast track. Elevation Climb: 6,233 feet * closer to 1,393 feet because of goldola fast track Elevation Descent: None Breakfast—eat breakfast in Venice or on way to Bressone Brixen. Lunch: Grab lunch food in Bressone Brixen (few miles from TH). Dinner: Rifugio Citta de Bressanone Not clear when kitchen closes down. Water: Taking the lift – Fill up 50 oz. in town. Not taking the lift – Fill up 100 oz in town.</p> <p>Average time: 5 hrs 30 min * closer to 2 hrs total hiking time including the time it takes to take gondola. May need to grab dinner at Plose restaurant in case Rifugio Citta di Bressone is closed.</p>	<p>Starting elev. 1,840 feet High elevation climb today. * abbreviated route is slight accent at 1,393 feet. Cool stuff: beautiful paths and meadows.</p> <p>Take Plose Lift (Trametschutte) in San Andrea to Valcroce Then take 2nd lift from Valcroce to Rifugio Citta Bressone (Plosehutte)</p>	<p>* This stage is being fast tracked by two gondolas at beginning of the stage. Gondola closes at 6:00pm, need to get there by 5:30pm.</p> <p>Refugios today: San Andrea Valcroce Rifugio Citta de Bressanone: open early June to late October. Accepts credit card. Sleeps 60 people</p> <p>Suggest to camp past the rifugio. There is an open plan for about a mile past the hut</p>
<p>Day 2 – 9/5/18 Stage 2: Rifugio Citta de Bressanone to Rifugio Genova</p> <p>Short Stage Optional 2 hour ascent to Sass de Putia</p> <p>FREE DAY (1)!</p>	<p>Distance: 8 miles Elevation Climb: 2,001 feet Elevation Descent: 2,493 feet Breakfast- eat at Rifugio Citta di Bressone Lunch: Schatzerhutte is located 2 miles from Rif Bressone. Can get light lunch here or heavy breakfast at Rif Bressone and skip this stop. Water: Schatzerhutte. Take 70oz to get to Rifugio Genova. Dinner: Rifugio Genova Unclear when rifugio closes.</p> <p>Average time: 4 hours</p>	<p>Starting elev. 8,024 feet Cool stuff: Kerer Kreuzl – artistic wood crucifix, found in 1 hr into stage Forcella di Putia – artistic wood crucifix, found 2 hrs into stage</p>	<p>Refugios today: Skihutte Schatzerhutte Rifugio Genova (Schlutterhutte)</p> <p>Suggested camping spot: take the foot trail West of Rif. Genova. Sleep in the ditch to the right, before the switchbacks.</p>
<p>Day 3 – 9/6/18 Stage 3: Rifugio Genova to Rifugio Puez</p> <p>FREE DAY (2)!</p>	<p>Distance: 7.5 miles Elevation Climb: 2,690 feet Elevation Descent: 2,116 feet Breakfast: Eat at Rif. Genova. Lunch: No lunch. Dinner: Rifugio Puez Water: Fill up 90 oz. at Rif. Genova. Average time: 5 hrs</p>	<p>Starting elev. 7,536 feet Cool stuff: interesting fossils and meglodont shells found in this stage</p>	<p>Refugios today: Rifugio Puez: open June 15 to October 15. Sleeps 90. Great strudel and hot chocolate</p> <p>Suggested camping spot: Hike NE from Rif. Puez.</p>

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<p>Day 4 – 9/7/18 Stage 4: Rifugio Puez to Rifugio Pisciadu (Class 3)</p> <p>Do not do late in the day, lots of exposure and scrambling.</p>	<p>Distance: 6 miles Elevation Climb: 2,165 feet Elevation Descent: 1,804 feet Breakfast: Rif. Puez Lunch: Passo Gardena Dinner: Rifugio Pisciadu Water: Fill up 90 oz. at Rif. Puez Average time: 5 hrs</p>	<p>Starting elev. 8,120 feet</p> <p>Cool stuff: Passo Cir: interesting rock spires</p>	<p>Refugios today: Passo Gardena: open late June to end September. Sleeps 40. Accepts credit card Rifugio Pisciadu: open the beginning of September to the end of September. Sleeps 104. Suggested camping spot: Walk North from Rif. Pisciadu, sleep in a crevasse before the cliffs.</p>
<p>Day 5 – 9/8/18 Stage 5: Rifugio Pisciadu to Rifugio Castiglioni</p> <p>* Possible side trip tomorrow, good chance to get ahead today</p> <p>FREE DAY (3)!</p>	<p>Distance: 9 miles Elevation Climb: 2,329 feet Elevation Descent: 4,101 feet Breakfast: Rif. Pisciadu Lunch: Passo Pordoi Dinner: Rifugio Castiglioni Water: Fill up 60 oz. at Rif. Pisciadu, refill 60 oz. after lunch at Passo Pordoi. Average time: 6 hrs 30 min</p>	<p>Starting elev. 8,487 feet Can be snow and ice in some parts of this stage if done in the early season.</p> <p>Cool stuff: Great views at Sass Pordoi, halfway through stage</p>	<p>Refugios today: Rifugio Boe: open June 20th to September 20th Piz Boe: located on variant hike. Open June 20th to September 10th Forcella Pordoi: open mid June to the end of September. Passo Pordoi: old-style refugio Rifugio Fredarola: open June 20th to September 20th. Great cooking. No dorms. Rifugio Viel del Pan: open June 20th to September 20th. No dorms. Expensive. Rifugio Castiglioni: open spring to autumn. Sleeps 50. Accepts credit cards Suggested camping spot: Walk South of Rif. Castiglioni, camp anywhere in the trees.</p>
<p>Day 6 – 9/9/18 Stage 6: Rifugio Castiglioni to Passo San Pellegrino</p> <p>* If did not get ahead yesterday, must get ahead today to do 3 hour gondola.</p> <p>There is a great 3 stage cable car to the Glacier Mormolada – only if we have time. 1 hour 45 min each way.</p> <p>FREE DAY (4)!</p>	<p>Distance: 13.4 miles Elevation Climb: 3,641 feet Elevation Descent: 4,068 feet Breakfast: Rif. Castiglioni or Rif Passo Fedaiia. Lunch: Malga Ciapela Dinner: Passo San Pellegrino Water: Fill up 50 oz. at Rif Castiglioni. Refill 80 oz. at Malga Ciapela. Average time: 7 hrs</p>	<p>Starting elev. 3,641 feet</p> <p>Cool stuff: Cable car rides offers great views. Part of stage is on an old military trail used back in 1915. Forca Rossa was a supply point in WWI.</p>	<p>Refugios today: Capanna Bill: open June to late September Malga Ciapela: there are ATM's, cafes and restaurants here. Albergo Miralago: open all year except for November and May. Accepts credit cards. Good food here. Hotel Arnika Passo San Pellegrino: There is an ATM here and bus stops here Suggested camping spot: As you pass Lago di Pozze on your right, keep walking West and sleep in the trees about 50 yards North of the road.</p>
<p>Day 7 – 9/10/18 Stage 7: Passo San Pellegrino to Rifugio Mulaz</p> <p>FREE DAY (5)!</p>	<p>Distance: 8 miles Elevation Climb: 4,416 feet Elevation Descent: 2,344 feet Breakfast: Passo San Pellegrino Lunch: Passo Valles Dinner: Rifugio Mulaz Water: Fill up 75 oz. at Passo San Pellegrino. Average time: 4 hrs 15 min</p>	<p>Starting elev. 6,295 feet</p> <p>Cool stuff: Elegant Campanile Towers.</p>	<p>Refugios today: Rifugio Laresei: detour off main trail. Good food. Passo Valles: Open all year except November. Sleeps 40. Family run. Gnocchi di patate is a famous meal here. Rifugio Mulaz: open June 20th to September 20th. Sleeps 52. Water is not potable here. Hot showers here.</p>
<p>Day 8 – 9/11/18 Stage 8: Rifugio Mulaz to Rifugio Rosetta</p> <p>Can divide this up if we want to with our days. There is a possible short cut right of Rifugio Rosetta if snow is melted</p>	<p>Distance: 5 miles Elevation Climb: 2,821 feet Elevation Descent: 2,788 feet Breakfast: Rif. Mulaz Lunch: No lunch Dinner: Rifugio Rosetta Water: Fill up 80 oz. at Rif Mulaz. Average time: 4 hours 15 min</p>	<p>Starting elev. Stage 8: 8,435 feet</p> <p>Cool stuff: Huge limestone rockscape in stage 8.</p>	<p>Refugios today: Rifugio Rosetta: open June 20th to September 20th. Sleeps 80. Accepts credit cards. Not potable water. Large meals here, Dumplings are famous here.</p>

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Day 9 – 9/12/18 Stage 9: Rifugio Rosetta to Rifugio Treviso (make sure good weather) Side trip from Brava to La Rosetta FREE DAY (6)!	Distance: 8.7 miles Elevation Climb: 2,690 feet Elevation Descent: 5,807 feet Breakfast: Rif. Mulaz Lunch: Rifugio Rosetta Dinner: Rifugio Treviso (get room – good bathroom) Water: Refill 100 oz. at Rif. Rosetta. Average time: 6 hrs 15 min	Starting elev. Stage 9: 8,467 feet	Refugios today: Rifugio Pradidali: open mid June to mid September. Sleeps 64. Rifugio Treviso: open June 20 th to September 20 th . Sleeps 44. Very modern looking. Great food. Suggested camping spot: Instead of taking a right to Rif Treviso, go left at the sign and follow the trail into a meadow.
Day 10 – 9/13/18 Stage 10: Rifugio Treviso to Passo Cereda	Distance: 5.6 miles Elevation Climb: 2,296 feet Elevation Descent: 3,182 feet Breakfast: Rif Treviso Lunch: No lunch Dinner: Passo Cereda Water: Fill up 80 oz. at Rif Treviso. Average time: 4 hrs 30 minutes	Starting elev. 5,351 feet Cool stuff: Farming communities below trail	Refugios today: Rifugio Passo Cereda: Open all year except Novmeber. Accepts credit cards. Sleeps 65 Suggested camping spot: find a good spot in the Cereda Pass valley in the grass to sleep. Looks most promising as you first emerge from the trees
Day 11 – 9/14/18 Stage 11: Passo Cereda to Rifugio Boz <div style="border: 1px solid red; border-radius: 50%; padding: 2px; display: inline-block;"> Get ahead today to make last day shorter </div> FREE DAY (7)!	Distance: 8.7 miles Elevation Climb: 3,477 feet Elevation Descent: 2,296 feet Breakfast: Rif. Passo Cereda Lunch: No lunch Dinner: Rifugio Boz Water: Fill up 130 oz. at Rif. Passo Cereda Average time: 7 hrs 15 min	Starting elev. 4,461 feet Cool stuff: Wildflowers on trail	Refugios today: Bivacco Feltre-bodo: This is not a Refugio but there are bunks here. Rifugio Boz: Open June 20 th to September 20 th . Sleeps 36. Local dairy products are served here. Good Cheeses. Suggested camping spot: sleep in the cove of trees SE of Rif. Boz
Day 12 – 9/15/18 Stage 12: Rifugio Boz to Rifugio Dal Piaz Stage 13: Rifugio Dal Piaz to Croce d’Aune FREE DAY (8)!	Distance: 13 miles Elevation Climb: 2,854 feet Elevation Descent: 3,936 feet Breakfast: Rif. Boz Lunch: Rifugio Dal Piaz Dinner: Croce d’Aune Water: Fill up 70 oz. at Rif. Boz. Refill water to 70 oz. at Rif. Dal Piaz Average time: 7 hrs 30 min	Starting elev. Stage 12: 5,636 feet Stage 13: 6,538 feet Cool stuff: Beautiful scenery in both stages.	Refugios today: Rifugio Del Piaz: Open June 20 th to September 20 th . Great Polenta here. Croce d’Aune: End of hike. Bus Services here
Summary Total: 12 days, 13 stages	Total Miles: 99.7 Total Time: 68 hours	# of no-lunch days: 3	

Notes:

Small amount of climbing rope

Climbing Carabiners – two or more

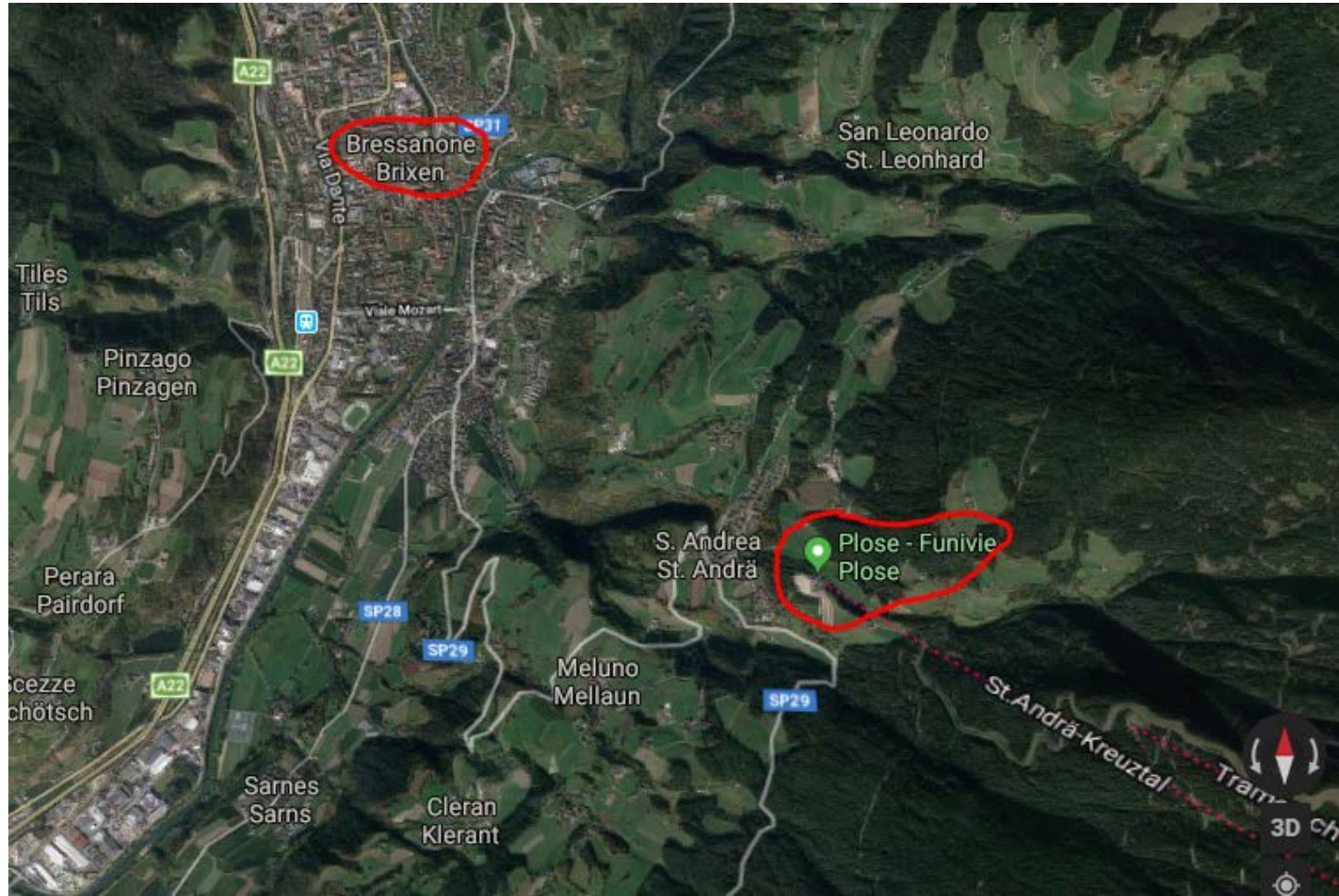
Good supply of Euros in Cash – each Refugio will average 40-50 euros all in.

European outlet adapter

CAI membership card

Try not to pack over 10kg or 22lbs

Drop Off – St. Andrea



Pick up – Albergo Ristorante

